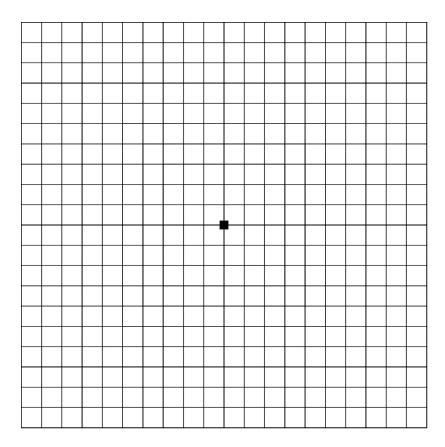


Place on your fridge or somewhere that you will remember to do it a few times a week!

One eye at a time, stare at the central dot on grid below and check for any new waviness or distortion to the lines. Use at regular reading distance.

If you have new distortion - Call Dr Morris 519-681-3670





Place on your fridge or somewhere that you will remember to do it a few times a week!

One eye at a time, stare at the central dot on grid below and check for any new waviness or distortion to the lines. Use at regular reading distance.

If you have new distortion - Call Dr Morris 519-681-3670

